

Symbolic Dynamics and Sarkovskii's Theorem

1. Dynamical systems.

All spaces are metric spaces.

A *dynamical system* is a pair (X, f) consisting of a space X and a continuous map $f : X \rightarrow X$. For $x \in X$ define the *orbit* of x as $\mathcal{O}(x) = \{f^n(x) : n \in \mathbb{N}\}$. We say $x \in X$ is *periodic* with period $n > 0$ iff $f^n(x) = x$. Such n is called a *period* of x , and the least period is sometimes called the *prime period* (although it need not be prime). Also, x is called *eventually periodic* iff some $f^k(x)$ is periodic; this is equivalent to requiring that the orbit of x is finite.

If (X, f) and (Y, g) are dynamical systems then a continuous surjection $h : X \rightarrow Y$ satisfying $g \circ h = h \circ f$ is called a *semi-conjugacy* from (X, f) to (Y, g) , and (Y, g) is called a *quotient* of (X, f) . If h is also a homeomorphism then it is called a *conjugacy* from (X, f) to (Y, g) , and one says that (X, f) is conjugate to (Y, g) in this case. Of course this defines an equivalence relation on dynamical systems.

Suppose (X, f) is a dynamical system and $Y \subset X$. Then Y is *invariant* iff $fY \subset Y$, in which case the subsystem $(Y, f|_Y)$ is defined.

2. Symbols and shifts.

Let A be a finite non-empty set, called the *alphabet* or set of *symbols*. We denote by A^* the set of finite words in the alphabet A . That is, A^* consists of finite sequences $\alpha = \alpha_0 \dots \alpha_n$ of elements of A . Here $|\alpha| = n + 1$ is called the *length* of α . The word of length 0 will be written ϵ ; it is called the *empty word*. Then A^* is a monoid, with the operation of concatenation: $\alpha\beta$ is the word $\alpha_0 \dots \alpha_n \beta_0 \dots \beta_m$. Note that ϵ is the identity element. We also define $A^+ = A^* \setminus \{\epsilon\}$, the set of words of positive length.

We denote by A^∞ the set of infinite sequences $\alpha = \langle \alpha_0 \alpha_1 \dots \rangle$ of elements of A . Note that A^* acts on A^∞ on the left: If $\alpha \in A^*$ has length $n + 1$ and $\beta \in A^\infty$ then $\alpha\beta \in A^\infty$ is defined as $\langle \alpha_0 \dots \alpha_n \beta_0 \beta_1 \dots \rangle$. We say $\alpha \in A^*$ is a *subword* of $\beta \in A^*$ (or A^∞) iff $\beta = \gamma\alpha\delta$ for some γ, δ . If γ is empty then α is called a *prefix* of β , and δ is called a *suffix*.

We also define the concatenation of an infinite sequence α_j of words in A^* in the obvious way. It lies in A^* if all but finitely many α_j 's have length 0; otherwise it is in A^∞ . In particular, if $\alpha \in A^+$ then the concatenation of infinitely many α 's is written $\alpha^\infty \in A^\infty$.

Next we specify a topology on A^∞ . This is just the product topology obtained by putting the discrete topology on A , so A^∞ is compact. It can be metrized as follows. For $a, b \in A$ let $\delta(a, b)$ be 0 if $a = b$, and 1 if $a \neq b$. Then for $\alpha, \beta \in A^\infty$ define

$$d(\alpha, \beta) = \sum_{k=0}^{\infty} \frac{\delta(\alpha_k, \beta_k)}{3^k}.$$

This is a metric defining the product topology on A^∞ . The following is a convenient description of certain balls:

$$B(\alpha, \frac{1}{3^n}) = \overline{B}(\alpha, \frac{1}{2 \cdot 3^n}) = \{ \beta \in A^\infty : \forall j \leq n, \beta_j = \alpha_j \}.$$

That is, elements of A^∞ are close iff they share a sufficiently long prefix.

For a dynamical system we need a map. We define the *shift* σ from A^∞ to itself and also from A^+ to A^* by $(\sigma\alpha)_k = \alpha_{k+1}$. This is continuous on A^∞ , and, if A has m elements, the dynamical system (A^∞, σ) is called the *full shift on m symbols*. If $\Sigma \subset A^\infty$ is invariant under σ then the subsystem $(\Sigma, \sigma|_\Sigma)$ is called a *subshift*. Since the map in such a case is always the restriction of the shift one usually refers to Σ itself as the subshift.

We note the following dynamical properties of the full shift defined by an alphabet A with m symbols. First, a point is periodic with period n iff it has the form α^∞ for some $\alpha \in A^+$ of length n . Thus there are m^n points of period n . Also, a point is eventually periodic iff it has the form $\beta\alpha^\infty$ with α as above. The periodic points are dense in A^∞ : if $\alpha \in A^\infty$ and β is the prefix of α of length $n+1$ then $d(\alpha, \beta^\infty) < 3^{-n}$. Also, there is a point with a dense orbit: for example, arrange all the words of A^+ in a sequence and form their infinite concatenation.

3. Subshifts of finite type.

Suppose F is a set of words of length 2. Then we define $\Sigma_F \subset A^\infty$ as the set of sequences α such that every subword of α of length 2 lies in F . Then Σ_F is compact and invariant under the shift, and is called a *subshift of finite type*. If the elements of A are the integers from 1 to m then such an F can be conveniently encoded by an $m \times m$, 0–1 matrix M , with the understanding that $M_{ab} = 1$ if $ab \in F$ and $M_{ab} = 0$ otherwise. In this case we write Σ_M instead of Σ_F . We will use the matrix formalism hereafter.

We can also define a *language* (that is, a subset of A^*) L_M by the same requirement on subwords of length 2 as for Σ_M .

The full shift is a subshift of finite type: just set $M_{ab} = 1$ for all a, b . The following give analogues of the dynamical properties of the full shift.

Lemma.

a) *Splicing*: If $\alpha, \beta \in L_M$ have positive lengths $n+1, m+1$ respectively, and $\alpha_n = \beta_0$ then

$$\alpha_0 \dots \alpha_n \beta_1 \dots \beta_m \in L_M$$

b) *Limits*: $\alpha \in A^\infty$ lies in Σ_M iff every prefix of α lies in L_M .

c) *Periodic points*: There is a one-one correspondence between points of Σ_M of period n and words $\alpha \in L_M$ of length $n+1$ satisfying $\alpha_0 = \alpha_n$.

d) *Counting words*: $(M^n)_{ab}$ is the number of words $\alpha \in L_M$ of length $n+1$ satisfying $\alpha_0 = a, \alpha_n = b$.

e) *Counting periodic points*: The number of periodic points in Σ_M is $\text{tr}(M^n)$.

Lemma. Suppose

a) For all $a, b \in A$ there is $k > 0$ such that $(M^k)_{ab} > 0$.

Then:

b) *Gluing*: If $\alpha, \beta \in L_M$ then there is $\gamma \in L_M$ such that $\alpha\gamma\beta \in L_M$.

c) In Σ_M the periodic points are dense and there is a point with a dense orbit.

Moreover, these three conditions are equivalent if M contains no all-zero row or column.

4. The basic construction

Suppose (X, f) is a dynamical system and $I \subset X$ is compact. We set

$$\Lambda = \{x : \mathcal{O}(x) \subset I\} = \bigcap_{n=0}^{\infty} f^{-n}I.$$

This is the maximal invariant set contained in I ; from the second form above it is clear that it is compact. Suppose A is a finite set and $\{I_a : a \in A\}$ is a collection of compact sets whose union is I . We say $\alpha \in A^\infty$ (or A^+) is an *itinerary* (or *partial itinerary*) of $x \in I$ iff $f^k x \in I_{\alpha_k}$ for all $k \geq 0$ (and $k \leq |\alpha|$). From the definitions it is clear that $x \in I$ has an itinerary iff $x \in \Lambda$.

Notice that $\alpha_0 \dots \alpha_n$ is a partial itinerary of x iff

$$x \in I_\alpha = \{x : f^k x \in I_{\alpha_k} \text{ for } 0 \leq k \leq n\} = \bigcap_{k=0}^n f^{-k} I_{\alpha_k}.$$

We have $I_\beta \supset I_\alpha$ if β is a prefix of α , so, for $\alpha \in A^\infty$,

$$I_\alpha = \bigcap_{n=0}^{\infty} I_{\alpha_0 \dots \alpha_n}.$$

is a nested intersection. Clearly, $x \in I_\alpha$ iff α is an itinerary of x . We define Σ to be the set of itineraries of points of Λ ; alternatively, $\Sigma = \{\alpha \in A^\infty : I_\alpha \neq \emptyset\}$.

Lemma.

- a) For $\alpha \in A^\infty$, $I_\alpha \neq \emptyset$ iff $I_\beta \neq \emptyset$ for all prefixes β of α .
- b) α is an itinerary of $x \in \Lambda$ iff each prefix of α is a partial itinerary of x .
- c) For α in A^∞ or A^+ , $fI_\alpha \subset I_{\sigma\alpha}$.
- d) Σ is a compact subshift.
- e) $\Lambda = \bigcup_{\alpha \in \Sigma} I_\alpha$.

We say $\{I_a\}$ is an *expansive cover* of Λ iff I_α is a singleton for each $\alpha \in \Sigma$. In this case we define $\pi : \Sigma \rightarrow \Lambda$ by $I_\alpha = \{\pi(\alpha)\}$.

Lemma. If $\{I_a\}$ is an expansive cover then π is a semi-conjugacy from $(\Sigma, \sigma|_\Sigma)$ to $(\Lambda, f|_\Lambda)$.

We need a simple condition to ensure an expansive cover.

We say f is *expanding* on $Y \subset X$ (not necessarily invariant) iff there is $\lambda > 1$ such that $d(fx, fy) \geq \lambda d(x, y)$ for all $x, y \in Y$.

Lemma. If f is expanding on I_a for each $a \in A$ then $\{I_a\}$ is an expansive cover.

Next, let $B = \bigcup\{I_a \cap I_b : a, b \in A, a \neq b\}$. If $\alpha, \beta \in \Sigma$ are distinct and $I_\alpha \cap I_\beta \neq \emptyset$ then let k be the first index for which $\alpha_k \neq \beta_k$. Then $f^k(I_\alpha \cap I_\beta) \subset I_{\alpha_k} \cap I_{\beta_k} \subset B$.

Lemma. For an expansive cover, π is a conjugacy iff $B \cap \Lambda = \emptyset$.

Moreover, the failure of π to be injective can be analysed in terms of B : $\pi^{-1}x$ contains more than one point iff $f^k x \in B$ for some $k \geq 0$, and $\pi\alpha = \pi\beta$ iff $\alpha = \delta\gamma$ and $\beta = \delta\gamma'$ where γ, γ' are distinct itineraries of the same point in $B \cap \Lambda$.

If the inverse images of π are understood then we can recreate (X, Λ) . Namely, introduce an equivalence relation on Σ by $\alpha \sim \beta$ iff $\pi\alpha = \pi\beta$ and let Q be the

set of equivalence classes $[\alpha]$. The topology on Q is defined by declaring $U \subset Q$ to be open iff $\bigcup U$ is open in Σ . Then we define $\phi : \Sigma \rightarrow Q$, $\psi : Q \rightarrow \Lambda$, and $q : Q \rightarrow Q$ by $\phi(\alpha) = [\alpha]$, $\psi([\alpha]) = \pi\alpha$, and $q([\alpha]) = \sigma\alpha$. These are well-defined and continuous; ϕ is a semi-conjugacy from $(\Sigma, \sigma|\sigma)$ to (Q, q) ; and ψ is a conjugacy from (Q, q) to $(\Lambda, f|\Lambda)$.

Lemma. *Suppose (X, f) and (X', f') are dynamical systems. Suppose there are expansive covers of invariant sets $\Lambda \subset X$ and $\Lambda' \subset X'$, defining semi-conjugacies $\pi : \Sigma \rightarrow \Lambda$ and $\pi' : \Sigma' \rightarrow \Lambda'$. If $\Sigma = \Sigma'$ and $\pi^{-1}(\pi\alpha) = \pi'^{-1}(\pi'\alpha)$ for all $\alpha \in \Sigma$ then $(\Lambda, f|\Lambda)$ and $(\Lambda', f'|\Lambda')$ are conjugate.*

In general, if one can find a simpler shift than Σ which still covers Λ under π then it will be easier to analyze the dynamics of Λ . That is the point of the next condition on the I_a 's. We say that $\{I_a\}$ satisfies the *Markov condition* iff each fI_a is the union of various of the I_b 's. In this case, assuming $A = \{1, \dots, m\}$, we define a matrix M by $M_{ab} = 1$ if $fI_a \supset I_b$, and $M_{ab} = 0$ otherwise.

Lemma. *If $\{I_a\}$ is an expansive Markov cover then $\Sigma_M \subset \Sigma$ and $\pi\Sigma_M = \Lambda$.*

5. Sarkovskii's Theorem.

Define an ordering \triangleright on the natural numbers as follows:

$$2^j(2r+1) \triangleright 2^k(2s+1) \iff \begin{cases} j < k, r > 0, s > 0 & \text{or} \\ j = k, r > 0, r < s & \text{or} \\ r > 0, s = 0 & \text{or} \\ j > k, r = s = 0. \end{cases}$$

That is,

$$3 \triangleright 5 \triangleright 7 \triangleright \dots \triangleright 2 \cdot 3 \triangleright 2 \cdot 5 \triangleright \dots \triangleright 4 \cdot 3 \triangleright 4 \cdot 5 \triangleright \dots \triangleright 2^3 \triangleright 2^2 \triangleright 2 \triangleright 1.$$

Sarkovskii's Theorem. *If a dynamical system $([0, 1], f)$ has a periodic point of least period p and $p \triangleright q$ then it has a periodic point of least period q .*

The proof uses a modification of the basic symbolic dynamics construction.

So suppose $\{x_1, \dots, x_p\}$ is a periodic orbit with $p > 1$, arranged so that $x_j < x_{j+1}$ for $1 \leq j < p$. Note that f permutes these. Let $m = p - 1$.

We let \mathcal{V} be the collection of intervals of the form $[x_i, x_j]$ with $i < j$, and we define $f^* : \mathcal{V} \rightarrow \mathcal{V}$ by $f^*(J) = [\min f x_k, \max f x_k]$, where the x_k 's are those in J . Clearly, if $I, J \in \mathcal{V}$ and $I \cap J \neq \emptyset$ then $f^*(I \cup J) = f^*(I) \cup f^*(J)$. We say $I \in \mathcal{V}$ covers $J \in \mathcal{V}$, and write $I \rightarrow J$, iff $f^*(I) \supset J$. We define the *length* of an interval $I = [x_j, x_k] \in \mathcal{V}$ as $k - j$. Note that the length of I is one less than the number of points in $\mathcal{O}(x_1) \cap I$. Hence f^* does not decrease lengths.

Now let $J_a = [x_a, x_{a+1}]$ for $a \in A = \{1, \dots, m\}$ and define the 0–1 matrix M by $M_{ab} = 1$ iff $J_a \rightarrow J_b$.

We define J_α for $\alpha \in L_M$ recursively to have the following properties:

- . a) J_α is a closed nonempty interval;
- b) $fJ_\alpha = J_{\sigma\alpha}$ if $|\alpha| > 1$;
- c) $J_{\alpha_0 \dots \alpha_{n+1}} \subset J_{\alpha_0 \dots \alpha_n}$ for $n \geq 0$.

This goes as follows: Let $J_\epsilon = [x_1, x_p]$. For $|\alpha| = 1$ we have already defined J_α . If $ab \in L_M$ we have $fJ_a \supset J_b$ so there is a closed interval $J_{ab} \subset J_a$ satisfying

$fJ_{ab} = J_b$. For $n > 1$ we have $fJ_{\alpha_0 \dots \alpha_{n-1}} = J_{\alpha_1 \dots \alpha_{n-1}} \supset J_{\alpha_1 \dots \alpha_n}$, so we can choose $J_{\alpha_0 \dots \alpha_n}$ to continue the definition.

We now define J_α for $\alpha \in \Sigma_M$ by

$$J_\alpha = \bigcap_{n=0}^{\infty} J_{\alpha_0 \dots \alpha_n}.$$

This is a nested intersection of non-empty compact intervals, so it is a non-empty compact interval (possibly a singleton). It follows from this and $fJ_\alpha = J_{\sigma\alpha}$ for finite α 's that $fJ_\alpha = J_{\sigma\alpha}$ for $\alpha \in \Sigma_M$. If $\alpha \in \Sigma_M$ is periodic with period n then $f^n J_\alpha = J_\alpha$, so there is a point of period n in J_α .

Consider x_p . If this lies in J_α for some $\alpha \in \Sigma_M$ then $\alpha_0 = m$ and x_p is an endpoint of J_{α_0} . Moreover, fx_p is one of the endpoints of $f^*(J_m)$, and J_{α_1} is a subinterval of $f^*(J_m)$, so α_1 is uniquely determined and fx_p is an endpoint of J_{α_1} . Continuing inductively, we conclude that α is uniquely determined.

Now suppose $\alpha, \beta \in \Sigma_M$ are periodic and $J_\alpha \cap J_\beta \neq \emptyset$. Then, as in the last section, for some $n \geq 0$ we have $J_{\sigma^n \alpha} \cap J_{\sigma^n \beta} \subset \bigcup_{a \neq b} J_a \cap J_b \subset \mathcal{O}(x_1)$. Thus for some $r \geq 0$, $x_p \in J_{\sigma^r \alpha} \cap J_{\sigma^r \beta}$, so $\sigma^r \alpha = \sigma^r \beta$. By periodicity, this implies $\alpha = \beta$. Hence

Lemma. *If $\alpha, \beta \in \Sigma_M$ are periodic then $J_\alpha \cap J_\beta = \emptyset$ if $\alpha \neq \beta$. Moreover, if $\alpha \in \Sigma_M$ has least period n then J_α contains a point of least period n .*

We now turn to the proof of the theorem. Since \triangleright is a well-ordering on the positive integers which are not powers of 2 we can make the following minimality assumption on p :

- (1) If $q < p$ and f has a periodic point of least period q then q is a power of 2.

For inductive reasons we need to prove a somewhat stronger version of the theorem:

- (2) $p \triangleright q \implies \Sigma_M$ contains a periodic point of least period q .

In fact, this is also true with $q = p$ unless p is a power of 2.

If $p = 1$ there is nothing to prove, and if $p = 2$ we have $m = 1$ and M is the 1×1 matrix [1], so there is a fixed point 1^∞ , proving (2). So we may assume $p > 2$.

Now note that $fx_1 > x_1$ and $fx_p < x_p$. Thus there is a last i such that $fx_i > x_i$. Let $I_1 = [x_i, x_{i+1}]$. Then $fx_{i+1} < x_{i+1}$, so $I_1 \rightarrow I_1$. If $f^*(I_1) = I_1$ then $\{x_i, x_{i+1}\}$ would be f -invariant, contradicting $p > 2$, so there is $J \neq I_1$ such that $I_1 \rightarrow J$.

Consider chains $I_1 \rightarrow I_2 \rightarrow \dots \rightarrow I_k$ of intervals of length 1 with $k \geq 2$ and $I_2 \neq I_1$. Let C be the union of all I_k obtained this way. Then C is a non-empty disjoint union of intervals in \mathcal{V} . Let l be the maximum length of a component of C and let C_1 be a component of C of length l .

Now $f^*(C_1)$ is the union of intervals $f^*(J_a)$ where the J_a 's lie in C_1 , so $f^*(C_1) \subset C$. Then $f^*(C_1)$ lies in a component C_2 of C . This C_2 has length $\leq l$; but it contains $f^*(C_1)$ which has length at least l . So C_2 has length l and $f^*(C_1) = C_2$. Continuing, we find components C_j of C , all of length l , satisfying $f^*(C_{j-1}) = C_j$ for all $j \geq 1$. Eventually we must have $C_k = C_1$ for some $k \geq 1$.

Renumbering, we may assume C_1, \dots, C_q are distinct and $f^*(C_q) = C_1$. Clearly, $\mathcal{O}(x_1) \cap \bigcup C_j$ is f -invariant, so $\bigcup C_j \supset \mathcal{O}(x_1)$. We conclude that

$$(3) \quad q(l+1) = p.$$

There are now two cases:

CASE 1: $q = 1$. Hence $I_1 \subset C_1 = C = [x_1, x_p]$, so there is a chain $I_1 \rightarrow I_2 \rightarrow \dots \rightarrow I_k \rightarrow I_1$ with each I_j of length 1 and $I_2 \neq I_1$. If we take k minimal then the I_j 's are distinct; otherwise the chain would contain a loop and we could shorten it. Hence $k \leq m$. Now cycles $I_1 \rightarrow I_1 \rightarrow \dots \rightarrow I_1 \rightarrow I_2 \rightarrow \dots \rightarrow I_k \rightarrow I_1$ (with a block of n I_1 's) define periodic sequences in Σ_M of least period $n+k$. If $k < m$ then either k or $k+1$ would be odd, greater than 1, and less than p , contrary to (1). Hence $k = m$ and we have produced points of least period n for all $n \geq m = p-1$. The same argument now shows that p is odd and that Σ_M contains periodic points of all least periods $\geq m$.

To finish the proof of (2) in the first case we need periodic points of least period n for all even $n < m$. We first analyse the geometry of the I_j 's. (The rest of this paragraph is best understood by drawing the appropriate pictures.) We note the following

- (a) $I_1 \not\rightarrow I_j, j > 2$;
- (b) $I_j \not\rightarrow I_1, 1 < j < m$;
- (c) $I_r \not\rightarrow I_s, r+1 < s$

because if any of these failed we could get a shorter cycle through I_1 . From these it follows by induction that $J_j = (f^*)^j(I_1)$ is an interval of length exactly j for $0 \leq j \leq m$. Furthermore, f takes one endpoint of J_j to the other (since $f^*(J_j)$ differs from J_j by just one interval). It follows from this and (b) that the intervals I_j are added on alternate sides of I_1 , so that $J_m = I_m I_{m-2} \dots I_2 I_1 I_3 \dots I_{m-3} I_{m-1}$ or its mirror image. Since $I_m \rightarrow I_1$ and $I_{m-2} \rightarrow I_{m-1}$, taking the left endpoint of I_{m-2} to the right endpoint of I_{m-1} , we conclude $I_m \rightarrow I_j$ for all odd $j < m$.

The points of even period less than m required for (2) come from the cycles $I_m \rightarrow I_j \rightarrow I_{j+1} \rightarrow \dots \rightarrow I_m$ for odd j .

CASE 2: $q > 1$. We analyse this case in two stages: first we consider f^q on C_1 and then we consider f on the intervals between the C_j 's.

For $K \in \mathcal{V}$, if $x_k \in K$ then $f x_k \in f^*(K)$. So, inductively, $f^n x_k \in (f^*)^n(K)$ for all $n > 0$, and it follows that

$$(4) \quad (f^n)^*(K) \subset (f^*)^n(K).$$

We renumber so that $x_1 \in C_1$, and so $C_1 = [x_1, x_{l+1}] = J_1 \cup \dots \cup J_l$. Then f^q permutes the points x_1, \dots, x_{l+1} , so x_1 is periodic under f^q . Since x_1 has least period p for f we conclude that it has least period $l+1$ for f^q , with orbit $\{x_1, \dots, x_{l+1}\}$. Based on the intervals J_1, \dots, J_l we construct an $l \times l$ matrix L to represent f^q , defining Σ_L . Suppose $L_{ab} = 1$. Then $(f^q)^*(J_a) \supset J_b$. Then, by (4) with $n = q$, we can find $J_{c_j} \subset C_j$ for $1 < j \leq q$ such that, under f , $J_a \rightarrow J_{c_1} \rightarrow \dots \rightarrow J_{c_q} \rightarrow J_b$. Applying this to consecutive letters in $\alpha \in \Sigma_L$ gives an expanded $\beta \in \Sigma_M$, which can be taken periodic if α is periodic. We conclude

(5)

If Σ_L has a periodic point with least period n then Σ_M has a periodic point of least period pn . ■

In particular, by the original argument producing I_1 , Σ_L contains a fixed point, so Σ_M contains a periodic point of least period q . From (1) we conclude that q is a power of 2, say $q = 2^n$ with $n > 0$. Since $q|p$ we have $p = 2^r(2s + 1)$ with $r \geq n$ and $s > 1$ or $r > n$ and $s = 0$. In either case we argue by induction on p (in the usual ordering) that Σ_L contains a periodic point of least period k for each k for which $l + 1 = 2^{r-n}(2s + 1) \triangleright k$. By (5), Σ_M has a periodic point of least period $t = 2^n k$ for all such k . This covers all t such that $p \triangleright t$ except $t = 2^j$ for $0 \leq j < n$.

Now number the intervals of length one in \mathcal{V} which do not lie in any C_j as D_1, \dots, D_{q-1} . These are disjoint, since every x_j lies in some C_j . Since $(f^p)^*(D_j) = D_j$ we have $(f^*)^p(D_j) \supset D_j$ by (4), so there is a cycle of intervals of length one through D_j . However, $C_i \not\rightarrow D_k$ for all i, k , so this cycle consists only of D_k 's. Such a cycle of minimal length t defines a periodic point in Σ_M of least period t . Since $t \leq q - 1$ we have $t = 2^u$ from (1). We shall show that there is exactly one such cycle for each u , $0 \leq u < n$, finishing the theorem.

First, note that these cycles must be disjoint. For if D_j was on different minimal length cycles, of lengths 2^u and 2^v with $u \leq v$, then we could form a point of Σ_M of least period $2^u + 2 \cdot 2^v$ by following the first cycle once, then the second twice, and continuing periodically. But this would have least period $k = 2^u(1 + 2^{u-v+1})$. Since $0 < u < r$ we have $k \triangleright p$, contradicting (1).

So there must be a point with $u = 0$, since $q - 1$ is the sum of the lengths of the minimal cycles and $q - 1$ is odd. (Alternatively, just note that I_1 is one of the D_j 's). So suppose D_j is such an interval; renumber so that $j = 1$. Since $f^*(D_1) \supset D_1$ we conclude that $D = \bigcup (f^*)^k(D_1)$ is an interval; since it contains $\mathcal{O}(x_1)$ it must be $[x_1, x_p]$. Hence there is a sequence $D_1 \rightarrow J_{a_1} \rightarrow \dots \rightarrow J_{a_n} \rightarrow J_a$ for any a . Now if D_i , for $i \neq 1$, also satisfied $D_i \rightarrow D_i$ then we would also have such sequences starting at D_i . Hence there would be a cycle containing both D_1 and D_i so, by repeating D_1 once if necessary, and then continuing on the cycle from D_1 through D_i and back to D_1 , we could construct points in Σ_M with odd least period greater than 1, contradicting (1).

Other intervals with cycles of least period 2^u for $1 \leq u < n$ now appear by induction. Namely, removing the interior of D_1 from $[x_1, x_p]$ leaves two intervals which are exchanged by f^* , and the above argument applies to f^2 to find a unique cycle of length 1 under f^2 in each component; these then form the unique cycle of length 2 under f . The formal induction is left to the reader.